

Description of Branch Classes;

Beginners Class;

Entry Criteria: The class is open to all who have little or no experience of Scottish Country Dancing and who wish to experience the fun of social dancing as well as the fitness benefits which it provides. The class is a Scottish country dancing class rather than a ceilidh dancing class.

Aim: Through regular attendance you will learn basic steps (skip change, slip step, pas de basque, strathspey travelling and setting steps) and simple formations including reels and some corner formations. By the end of the term you will be able to dance many Scottish country dances.

General Class;

Entry Criteria: Dancers who have previously completed a New Beginners class, or who are returning to dancing after a long period, and have limited footwork and knowledge of formations. You will be aware of the fun, friendship and fitness associated with Scottish country dancing but wish to have the opportunity to improve your technique, learn more complex formations and increase your own ability. The class is a Scottish country dance class rather than a ceilidh class.

Aim: This class will help you become familiar with linking of steps and formations, handing and phrasing. You will learn more complex dances and become confident to attend social dances.

Advanced Class;

Entry Criteria: Dancers should already:

- Be confident of dancing the steps and many of the formations listed in the RSCDS Manual. You will need to be able to dance well with limited prompting commonly danced formations such as (but not limited to): Double Triangles, Set to and turn corners and reels of three and four, the spoke, the tourbillon, espagnole, Bourrel.
- Have footwork, handing and phrasing that is to a good standard
- Have some understanding of transitions between steps, especially where a change of foot is required.

Aim: This class will help to improve your footwork, rhythm, phrasing and technique so that dancing will be of the highest standard that can be reached by the class member, this will involve some constructive critiquing of your dancing.